



OneTable Live

Hey OneTable Fam, thanks for joining us in this virtual gathering place. We are so grateful to have you here. Every Tuesday, we'll be posting the schedule for that Friday's OneTable Live. From group Shabbat cooking classes to virtual ritual to Trivia nights, we're going to experiment, learn, and connect with all of you.

Some updates:

- Jewish tradition teaches that saving one life is tantamount to saving the entire world, and we take this teaching seriously. As such, we may be slower to fully "reopen" than some other organizations. After 3 months of social distancing, OneTable will now support the following options:
 - Solo Shabbat: [Post your dinner](http://dinners.onetable.org/) (http://dinners.onetable.org/) to be in community with other solo Shabbat hosts and qualify for Nourishment for one.
 - Shelter-in-Place Shabbat (with roommates)
 - Virtual Shabbats (including [OneTable Live](https://onetable.org/2020/03/17/onetable-live/?fbclid=IwAR1dN_NVz7MVRHpMMNoNB2TSR025f23KcVev8RT8qT7GvjqOqjVvt5Z0nt4) (https://onetable.org/2020/03/17/onetable-live/?fbclid=IwAR1dN_NVz7MVRHpMMNoNB2TSR025f23KcVev8RT8qT7GvjqOqjVvt5Z0nt4))
 - In-person dinners outdoors, in accordance with [Social Distancing Requirements](https://onetable.org/social-distancing/). (https://onetable.org/social-distancing/) Here are [some of our favorite items](https://onetable.org/2020/06/16/socialdistancepicnic/) (https://onetable.org/2020/06/16/socialdistancepicnic/) you can get with Nourishment for an epic Shabbat dinner picnic.

WEEK OF 9.18

OneTable is hosting
New Year Yoga

Tuesday, September 15
7p ET | 4p PT

[Event Details](https://bit.ly/2YDIBqE)
(https://bit.ly/2YDIBqE)

OneTable is hosting
Sephardic Rosh Hashanah Seder with JIMENA

Thursday, September 17
9p ET | 6p PT

[Event Details](https://bit.ly/3hv52kE)
(https://bit.ly/3hv52kE)

OneTable is hosting
Shabbat Ritual with Aaron

Friday, September 18
9p ET | 6p PT

[Event Details](https://bit.ly/3hjwG1)
(https://bit.ly/3hjwG1)

FRIDAY | 9.25

OneTable is hosting
Quarantine Connect Shabbat with Corona Cuties

Friday, September 25
6:30p ET | 3:30p PT

[Event Details](https://bit.ly/34UzMbJ)
(https://bit.ly/34UzMbJ)

OneTable is hosting
Yoga with Chintamani Kansas

Friday, September 25
7p ET | 4p PT

[Event Details](https://bit.ly/2FFs228)
(https://bit.ly/2FFs228)

OneTable is hosting
Meditations on Forgiveness with Be'chol Lashon

Friday, September 25
5p ET | 2p PT

[Event Details](https://bit.ly/3bZl57h)
(https://bit.ly/3bZl57h)

OneTable is hosting
Shabbat Ritual with Aaron

Friday, September 25
9p ET | 6p PT

[Event Details](https://bit.ly/2Fe5NR0)
(https://bit.ly/2Fe5NR0)

RECENT POSTS

- ◊ ["Awesome" High Holidays](https://onetable.org/2020/09/16/highholidaysaweandfear/) (https://onetable.org/2020/09/16/highholidaysaweandfear/)
- ◊ [A Sweet Seder: The Rosh Hashanah Meal](https://onetable.org/2020/09/15/sweetseder-roshhashanah/) (https://onetable.org/2020/09/15/sweetseder-roshhashanah/)
- ◊ [Union: A Roundtable Shabbat with Jordan Blashek, Christopher Haugh & Sarah Hurwitz](https://onetable.org/2020/09/14/union-recording/) (https://onetable.org/2020/09/14/union-recording/)
- ◊ [Shemini Atzeret | A OneTable Shabbat Guide](https://onetable.org/2020/09/10/sheminiatzeret/) (https://onetable.org/2020/09/10/sheminiatzeret/)
- ◊ [From Generation to Generation | A OneTable Shabbat Guide](https://onetable.org/2020/09/10/intergenshabbat/) (https://onetable.org/2020/09/10/intergenshabbat/)

CATEGORIES

- ◊ [Guest Blog](https://onetable.org/category/guest-blog/) (https://onetable.org/category/guest-blog/)
- ◊ [Guest-ing Tips](https://onetable.org/category/a-guide-to-guest-ing/) (https://onetable.org/category/a-guide-to-guest-ing/)
- ◊ [Holiday Shabbat Dinners](https://onetable.org/category/holidays/) (https://onetable.org/category/holidays/)
- ◊ [Host Interviews](https://onetable.org/category/host-interviews/) (https://onetable.org/category/host-interviews/)
- ◊ [Hosting Tips](https://onetable.org/category/hosting-tips/) (https://onetable.org/category/hosting-tips/)
- ◊ [Jewish Learning](https://onetable.org/category/jewish-learning/) (https://onetable.org/category/jewish-learning/)
- ◊ [Meet the Team](https://onetable.org/category/meet-the-team/) (https://onetable.org/category/meet-the-team/)
- ◊ [Newest Resources](https://onetable.org/category/newest-resources/) (https://onetable.org/category/newest-resources/)
- ◊ [OneTable News](https://onetable.org/category/onetable-news/) (https://onetable.org/category/onetable-news/)
- ◊ [Recipes](https://onetable.org/category/recipes/) (https://onetable.org/category/recipes/)
- ◊ [Ritual Guides](https://onetable.org/category/ritual-guides/) (https://onetable.org/category/ritual-guides/)
- ◊ [Shabbat Alone Together](https://onetable.org/category/shabbatshalone/) (https://onetable.org/category/shabbatshalone/)
- ◊ [Shabbat Sounds](https://onetable.org/category/shabbat-sounds/) (https://onetable.org/category/shabbat-sounds/)
- ◊ [Shabbat Thoughts](https://onetable.org/category/shabbat-thoughts/) (https://onetable.org/category/shabbat-thoughts/)
- ◊ [Shabbat Reflections](https://onetable.org/category/staff-reflections/) (https://onetable.org/category/staff-reflections/)

Past Events

FRIDAY | 9.11

OneTable is hosting
Union: A Roundtable
Shabbat

Friday, September 11
6p ET | 3p PT

Event Details
(<https://bit.ly/3laj09f>)

OneTable is hosting
Friday Makes Scents:
Setting Intention with
@Angs_Aid_Aroma

Friday, September 11
6:30p ET | 3:30p PT

Event Details
(<https://bit.ly/3gr9bVg>)

OneTable is hosting
Shabbat Ritual with
Aaron

Friday, September 11
9p ET | 6p PT

Event Details
(<https://bit.ly/2YxhPeT>)

FRIDAY | 9.4

OneTable is hosting
Shabbat Ritual with
Aaron

Friday, September 4
8p ET | 5p PT

Event Details
(<https://bit.ly/31bW5qR>)

FRIDAY | 8.28

OneTable is hosting
Summer Drinks Series:
Basic Cocktail Skills

Friday, August 28
2p ET | 11a PT

Event Details
(<https://bit.ly/2CAfVj>)

OneTable is hosting
Sobremesa de Shabbat:
Margaritas & Chill

Friday, August 28
6p ET | 3p PT

Event Details
(<https://bit.ly/2X8RHxf>)

OneTable is hosting
Paint and Sip with JCC
Manhattan

Friday, August 28
7p ET | 4p PT

Event Details
(<https://bit.ly/3ajBRbb>)

OneTable is hosting
Shabbat Ritual with
Rabbi Sandra

Friday, August 28
6:30p ET | 3:30p PT

Event Details
(<https://bit.ly/3j9gKlj>)

FRIDAY | 8.21

OneTable is hosting
Challah At Us with
@AlizaSokolow

Friday, August 21
2p ET | 11a PT

Event Details
(<https://bit.ly/2VScYUu>)

OneTable is hosting
Quarantine Connection
with Corona Cuties

Friday, August 21
6:30p ET | 3:30p PT

Event Details
(<https://bit.ly/33Nh0lO>)

OneTable is hosting
Summer Drinks Series:
When Life Gives You
Lemons

Friday, August 21
7p ET | 4p PT

Event Details
(<https://bit.ly/2PW2r7n>)

OneTable is hosting
Mandala Magic with Rachel Fisher

Friday, August 21
 8p ET | 5p PT

Event Details
<https://bit.ly/31s2bC5>

OneTable is hosting
Shabbat Ritual with Aaron

Friday, August 21
 9p ET | 6p PT

Event Details
<https://bit.ly/30ORLO6>

THURSDAY | 8.13 & FRIDAY | 8.14

OneTable is hosting
Michael Twitty Talks (and Cooks) Shabbat

Thursday, August 13
 6pm ET | 3pm PT

Event Details
<https://bit.ly/3fggVcm>

OneTable is hosting
OneTable Live x JDC Entwine | Welcome Shabbat

Friday, August 14
 1pm ET | 10am PT

Event Details
<https://bit.ly/2CWQ1sH>

OneTable is hosting
Shabbat + the Sacred Texts

Friday, August 14
 8pm ET | 5pm PT

Event Details
<https://bit.ly/2D53rD1>

OneTable is hosting
Shabbat Sounds

Friday, August 14
 8:30pm ET | 6:30pm PT

Event Details
<https://bit.ly/3hU5l2H>

OneTable is hosting
Shabbat Ritual with Aaron

Friday, August 14
 9pm ET | 6pm PT

Event Details
<https://bit.ly/2EIO0Rs>

THURSDAY | 8.6 & FRIDAY | 8.7

OneTable is hosting
Summer Drinks Series: DIY Sangria

Thursday, August 6
 6pm ET | 3pm PT

Free

Event Details
<https://bit.ly/39HoAze>

OneTable is hosting
OneTable Live | Shabbat Ritual with Aaron

Friday, August 7
 9pm ET | 6pm PT

Free

Event Details
<https://bit.ly/3ga9SD8>

FRIDAY | 7.31

VIRTUAL DINNER

VIRTUAL DINNER

VIRTUAL DINNER

OneTable is hosting
OneTable Live | Jake Cohen Talks (and Cooks) Shabbat

Friday, July 31
 5:00pm - 6:00pm
 New York, Manhattan
 Eastern Time (US & Canada)

Free

Event Details
<https://bit.ly/2WS2yEu>

Dani is hosting
OneTable Live | Summer Drinks Series: Friday Rosé with a Sommelier

Friday, July 31
 5:15pm - 6:00pm
 Los Angeles, Malibu
 Pacific Time (US & Canada)

Free

Event Details
<https://bit.ly/2ZOpYGf>

OneTable is hosting
OneTable Live | Campfire Sing-A-Long with Dan Yolles

Friday, July 31
 8:30pm - 9:30pm
 New York, Brooklyn
 Eastern Time (US & Canada)

Free

Event Details
<https://bit.ly/3eGOpjD>

VIRTUAL DINNER

VIRTUAL DINNER

OneTable is hosting
Shabbat Ritual with Aaron + Charlie

Friday, July 31
9:00pm - 9:30pm
Eastern Time (US & Canada)

Event Details
(<https://bit.ly/3hNqMbn>)

Dyanna is hosting
Live from the West Coast

Friday, July 31
6:30pm - 9:00pm
Pacific Time (US & Canada)

Free

Event Details
(<https://bit.ly/394FCXT>)

FRIDAY | 7.24

VIRTUAL DINNER

VIRTUAL DINNER

VIRTUAL DINNER

OneTable is hosting
Blessings, Beats & Balance with Flow+Tell

Friday, July 24
4:00pm - 5:00pm
Eastern Time (US & Canada)

Free

Event Details
(<https://bit.ly/389Lhp>)

OneTable is hosting
Book Club with Jewish Book Council

Friday, July 24
5:00pm - 6:00pm
Eastern Time (US & Canada)

Free

Event Details
(<https://bit.ly/3eMT3NS>)

OneTable is hosting
Shabbat Cooking with Top Chef Katsuji Tanabe

Friday, July 24
2:30pm - 4:00pm
Pacific Time (US & Canada)

Free

Event Details
(<https://bit.ly/3e1jp96>)

VIRTUAL DINNER

VIRTUAL DINNER

OneTable is hosting
Instagram Ritual with Rabbi Sandra Lawson

Friday, July 24
6:00pm - 6:30pm
Eastern Time (US & Canada)

Free

Event Details
(<https://bit.ly/38QH5AR>)

OneTable is hosting
Camp-Style Bonfire + Tish

Friday, July 24
6:00pm - 7:00pm
Pacific Time (US & Canada)

Free

Event Details
(<https://bit.ly/2V3mzt>)

THURSDAY | 7.23

VIRTUAL DINNER

OneTable is hosting
Pre-Shabbat Cook-Along

Thursday, July 23
6:00pm - 7:00pm
Eastern Time (US & Canada)

Free

Event Details
(<https://bit.ly/32ubQu7>)

FRIDAY | 7.17

OneTable is hosting
OneTable Live | Summer Drinks Series: Basic Cocktail Skills
 Friday, July 17
 2:00pm – 3:00pm
 DC Metro Area, Virginia
 Eastern Time (US & Canada)
 Free

Event Details
<https://bit.ly/2ZWkK0K>

Tori is hosting
OneTable Live | Quarantine Connect Shabbat with Corona Cuties
 Friday, July 17
 6:30pm – 7:45pm
 Miami, Miami
 Eastern Time (US & Canada)
 Free

Event Details
<https://bit.ly/31EijNS>

FRIDAY | 7.10



1pm ET/10am PT | OneTable Live x JDC Entwine Welcome Shabbat
 Global, but keep it virtual. Join OneTable and JDC Entwine to welcome Shabbat together! JDC Entwine's Joshua Mikutis and members of our communities will share some words about Shabbat, the Torah portion, and how it ties into our current world. We'll then share in music + stories.

Reserve your spot (<https://dinners.onetable.org/events/a8b4d415-9831-4dcb-8720-958ea0968f43>)

(<https://dinners.onetable.org/events/a8b4d415-9831-4dcb-8720-958ea0968f43>)

**8:30pm ET/5:30pm PT | Shabbat Sounds**

Join us for an incredible evening of live music, right from the comfort of your home. We're excited to bring you three new artists from around the country for our fifth night in the Shabbat Sounds series. We'll begin with Shabbat Rituals and then enjoy a 20-25 minute set from each artist. Engage with us off-screen or on-screen, however you feel most comfortable. **This Friday's Artists + Co-Hosts: Camden West** ([https://open.spotify.com/artist/66OhoEPzh3eMEVBdx1WKai?si=Niab6gphQY-DY\(MF1ZvlnA\)](https://open.spotify.com/artist/66OhoEPzh3eMEVBdx1WKai?si=Niab6gphQY-DY(MF1ZvlnA))) | **The Kentucky Gentlemen** (<https://open.spotify.com/artist/5jyxuj6Ho7xmNPrDub1U86?si=g60jXL7FQ3aQwBmsFcEtau>) | **Eli Lev** (<https://open.spotify.com/artist/0Kc3agOOslxxscI8dcOPTn?si=g60jXL7FQ3aQwBmsFcEtau>)

Reserve your spot (<https://dinners.onetable.org/events/8be6bf26-7862-4aad-a69d-0f79f68df599>)

(<https://dinners.onetable.org/events/8be6bf26-7862-4aad-a69d-0f79f68df599>)

**9pm ET/6pm PT | Shabbat Ritual with Aaron Leven on Instagram Live**

(<https://www.instagram.com/onetablesabbat/>)

(<https://www.instagram.com/onetablesabbat/>)

**SCREENING 1: 8pm ET/ 5pm PT****SCREENING 2: 11pm ET/8pm PT****Camp OneTable Movie Night: The Parent Trap**

Camp OneTable is in session! Join us after [Shabbat ritual on Instagram](https://www.instagram.com/onetablesabbat/) for an end-of-week movie viewing party. We're gathering to watch *The Parent Trap* (LiLo edition, duh) because summer just wouldn't feel right without a lil installment of 1990s nostalgia and Camp Walden / Napa / London Hallie and Annie mischief. We'll be streaming the film so all you have to do is grab your oreos + peanut butter (or, alt-nut-butter of your choice, in the true sleepaway summer camp spirit) and get comfy. All are welcome – even if it's your first time viewing this gem. Join our zoom at 8pm ET/5pm PT for the early screening and 11pm ET/8pm PT for a late night romp. Reserve your spot (<https://dinners.onetable.org/events/49c4c7e3-241e-4025-99cc-615d436c9623>)

(<https://dinners.onetable.org/events/49c4c7e3-241e-4025-99cc-615d436c9623>)

FRIDAY | 7.3

**9pm ET/6pm PT | Shabbat Ritual with Aaron Leven on Instagram Live**

(<https://www.instagram.com/onetablesabbat/>)

(<https://www.instagram.com/onetablesabbat/>)

FRIDAY | 6.26

**6pm ET/3pm PT | In Conversation: Welcoming Shabbat with Abby Stein**

Join us in conversation with Abby Stein, author of the powerful memoir *Becoming Eve*, about her story and experience of how she became the woman she was meant to be. We are so thrilled to be joined by Abby as we welcome Shabbat and the weekend.

Reserve your spot (<https://dinners.onetable.org/events/8273b484-5f54-4cbc-9849-dbaace62f7bb>)

(<https://dinners.onetable.org/events/8273b484-5f54-4cbc-9849-dbaace62f7bb>)

**7pm ET/4pm PT | Shabbat Cook-Along: Venezuelan Arepas with Immigrant Food DC**

Join us for an Instagram Live cook-along featuring one of the simplest and most delicious Venezuelan dishes — arepas! Mile Montezuma and Tea Ivanovic of Immigrant Food in DC will show off their skills & teach you how to make this while sharing the mission and story of this acclaimed fusion restaurant. We'll close with a sip of wine + moment of gratitude before we bite into our steaming & delicious arepas. The Instagram Live event is open to all — RSVP to this event if you're in the District and would like a *free* DIY arepa kit, including your choice of fillings, so you can cook along at home.

Reserve your spot (<https://dinners.onetable.org/events/d758c909-ed4e-47ff-ab83-e88eafd3d732>)

(<https://dinners.onetable.org/events/d758c909-ed4e-47ff-ab83-e88eafd3d732>)

8:30pm ET/5:30pm PT | Queer Vegan Shabbat

Let's celebrate PRIDE! Let's celebrate veganism! You're invited to join OneTable and Jewish Veg to bring in the last Shabbat of June PRIDE month with our West Coast community. We'll share Shabbat rituals and conversation exploring embodiment, intention, and rest as they apply to the intersection of animal rights, Judaism, and queer experience. In the true spirit of PRIDE, the first 30



(<https://dinners.onetable.org/events/da321a61-baf9-42a6-9c58-a951b08d16ba>)

people to sign up will receive Nourishment to pick up a rainbow vegan challah from local challah partners in Portland, the Bay Area, and Los Angeles. More details coming soon!

[Reserve your spot \(https://dinners.onetable.org/events/da321a61-baf9-42a6-9c58-a951b08d16ba\)](https://dinners.onetable.org/events/da321a61-baf9-42a6-9c58-a951b08d16ba)



(<https://dinners.onetable.org/events/14bb42f4-dd48-45d9-8212-4a8d820e4949>)

8:30pm ET/5:30pm PT | Shabbat Sounds

Join us for an incredible evening of live music, right from the comfort of your home. We're excited to bring you three new artists from around the country for our fourth night in the Shabbat Sounds series. Engage with us off-screen or on-screen, however you feel most comfortable. If at the end of the work week, your hopes are to close your eyes, open your ears, and listen to something inspiring and beautiful, then we're happy to provide and hold that space for you. This Friday's Artists + Co-Hosts: Ebube Obioma, Beth Reinstein, *lead singer of Elle Casazza*, & Dan Harrison

[Reserve your spot \(https://dinners.onetable.org/events/14bb42f4-dd48-45d9-8212-4a8d820e4949\)](https://dinners.onetable.org/events/14bb42f4-dd48-45d9-8212-4a8d820e4949)



(<https://www.instagram.com/onetablesabbat/>)

9pm ET/6pm PT | Shabbat Ritual with Aaron Leven on Instagram Live
(<https://www.instagram.com/onetablesabbat/>)

POSTPONED — NEW DATE TBA



(<https://dinners.onetable.org/events/1d5b3745-b02b9be5bed4>)

6pm ET/3pm PT | What's In Yer Fridge *The Shabbat Edition* with Zoë Komarin

Fresh off her Great Big Jewish Food Cooking Challenge win, Zoë Komarin joins us to 'magically' whip-up a Shabbat Feast using only what she has at home. Join us to prep for Shabbat using what you have, learn from Zoë about how to transform your pantry and your table into the dinner of your dreams, and ask any and all your questions while she cooks. Then, join us for a bit of ritual as we welcome Shabbat in community.

[Reserve your spot \(https://dinners.onetable.org/events/1d5b3745-b02b9be5bed4\)](https://dinners.onetable.org/events/1d5b3745-b02b9be5bed4)



(<https://bit.ly/36y2nCG>)

6pm ET/3pm PT | Sarah Jampel Talks (and Cooks) Shabbat

Sarah Jampel (<https://www.instagram.com/sarahjampel/>) joins us in conversation with Jake Cohen (<https://www.instagram.com/jakecohen/>) to talk (and cook) all things Shabbat. Sarah is the editor of *Basically* at Bon Appétit, where she also develops recipes and writes print features. Before that, she spent years at Food52 as a recipe developer, food stylist, and writer, and worked in pastry kitchens around New York, making 300-plus sandwich cookies a week, churning gelato at 7 a.m., and hulling pounds and pounds of the tiniest strawberries imaginable. Recipes to come!

FRIDAY | 6.19

This Friday is Juneteenth, a celebration of African-American freedom from slavery. Rabbi Sandra Lawson [writes](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=11fed38921&e=edfa948f55) (https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=11fed38921&e=edfa948f55), "We are celebrating what it means to live freely in the United States and we also must remember that for many of us freedom is a journey. The fight for freedom for all is not over. There is still work to be done. Juneteenth is an important reminder to all of us of why we fight: The struggle for freedom for all must continue because until we are all free, none of us is free."

This week, we're taking the week off from OneTable Live programming to make space for you to create conversation and organize around your own tables, and to highlight Juneteenth learnings and events already happening across the country. Here are some places to start:

READ

- [In Solidarity — Around the Shabbat Table \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=d9b90ae21a&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=d9b90ae21a&e=edfa948f55)
- [Opinion | Why Juneteenth – Which Marks The End Of Slavery – Should Be A Jewish Holiday \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=1fc63eefd3&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=1fc63eefd3&e=edfa948f55)
- [Why We Remember Juneteenth \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=18172a10f0&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=18172a10f0&e=edfa948f55)
- [No More Excuses — It's Time to Declare Juneteenth A Federal Holiday \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=5daf23c771&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=5daf23c771&e=edfa948f55)
- *ICYM*: When you post a OneTable dinner, you can now select from these books with your Nourishment credit:
 - [How to be an Antiracist](#) by Ibram X. Kendi (digital copy), which weaves together personal narrative with action items on how to fight anti-Black racism
 - [My Grandmother's Hands](#) by Resmaa Menakem, which examines white body supremacy from the perspective of trauma and body-centered psychology
 - [The Cooking Gene: A Journey Through African American Culinary History in the Old South](#), the James Beard Foundation Book of the Year by Michael Twitty that traces his ancestry—both black and white—through food, from Africa to America and slavery to freedom

LISTEN

- [AUDIO TOUR: The Black Chicago Museum \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=c7e9b1a0c6&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=c7e9b1a0c6&e=edfa948f55)
- [PODCAST: Small Black Museum | Legacy, Legacy Legacy! \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=b40d9103fa&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=b40d9103fa&e=edfa948f55)
- [PODCAST: This Day In History Class | Abolition of slavery announced in Texas \(Juneteenth\) \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=6b8cd9e3&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=6b8cd9e3&e=edfa948f55)
- [PODCAST: Code Switch | \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=fc939c44e1&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=fc939c44e1&e=edfa948f55)
- [PODCAST: Members of Whose Tribe? \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=c329905262&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=c329905262&e=edfa948f55)
- [PODCAST: Black America \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=185497b07b&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=185497b07b&e=edfa948f55)

JOIN

- 6.19 @ 2pm EDT | [Juneteenth 2020 with Michael W Twitty \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=053c34bbad&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=053c34bbad&e=edfa948f55)
- 6.19 @ 2pm EDT | [How To Build An Anti-Racist Movement \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=78dbb32c9e&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=78dbb32c9e&e=edfa948f55)
- 6.19 @ 5pm EDT | [Juneteenth Kabbalat Shabbat \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=326528c7c7&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=326528c7c7&e=edfa948f55) with Be'chol Lashon
- 6.18 - 6.21 | [#SixNineteen \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=cfb0a6e459&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=cfb0a6e459&e=edfa948f55) with Bend the Arc
- 6.18 & 6.19 | [Juneteenth Virtual Music Festival \(https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=63b2fcd7dc&e=edfa948f55\)](https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=63b2fcd7dc&e=edfa948f55)

If you're hosting this week, attending one of the events above, or just looking for a moment in community this Friday night, join us on Instagram (<https://onetable.us8.list-manage.com/track/click?u=30439748f60d62f0b95934b94&id=d0abb07af5&e=edfa948f55>) at 9pm ET/6pm PT for Shabbat ritual with Aaron Leven.

FRIDAY | 6.12



(<https://dinners.onetable.org/events/96120749-8c79-492c-8c79-492c-b45c-dd8b41477d1a>)

5pm ET/2pm PT | Social Listening Shabbat

Social Listening is a weekly "radio show" over Zoom created by Seth Tinkle with themes like "R&B Through the Ages" and "Samples and Sampled". This week, listen along through the music of and about New York City over the past (nearly) century — from the Harlem jazz scene, to Greenwich Village folk rock, to punk and new wave, to the birth of hip hop and its evolution, to the indie rock moment(s) of Brooklyn in the 2000s, etc. We'll close our social listening by setting some intention and welcoming Shabbat as a community.

[Reserve your spot \(https://dinners.onetable.org/events/96120749-8c79-492c-8c79-492c-b45c-dd8b41477d1a\)](https://dinners.onetable.org/events/96120749-8c79-492c-8c79-492c-b45c-dd8b41477d1a)



(<https://dinners.onetable.org/events/cca64f87-60a7-41af-80df-e2fdf2fee7c0>)

8:30pm ET/5:30pm PT | Trans Jewish Journeys

Join us for an incredible evening in celebration of trans and non-binary Jews. We'll engage in conversation around trans and Jewish resilience with activists Victoria Rovira Hernández from Heredia, Costa Rica and Nevo Zisin, from Melbourne, Australia. After a conversation and Q & A, we'll join breakout groups to discuss, process, and connect. We'll close with some Shabbat ritual from our guests!

Reserve your spot (<https://dinners.onetable.org/events/cca64f87-60a7-41af-80df-e2fdf2fee7c0>)



(<https://bit.ly/2XujG2R>)

8:30pm ET/5:30pm PT | Pub Trivia Night Shabbat

Friday night Pub Trivia is BACK for round 4! BYOSD (bring your own Shabbat dinner) and get ready to play! **Share the love! But, because trivia will be played in teams, we ask that you share the link and ask friends to sign up on the platform directly. If you're hoping to play on the same team as a friend or specific group, mention their full names where it asks once you click RSVP.

Reserve your spot (<https://bit.ly/2XujG2R>)

9pm ET/6pm PT | Shabbat Ritual with Aaron Leven on Instagram Live

(<https://www.instagram.com/onetablesabbat/>)

FRIDAY | 6.5

While our Black community faces racism every day, this weekend was a particular reminder of how far we have to go. Right now, our hearts are aching and there is so much going on in our world that needs immediate energy and attention, so we have postponed any events for this week that don't actively focus on intersectionality and social justice. **If you're hosting this week, attending one of the OneTable Live events below, or just looking for a moment in community this Friday night, join us on Instagram (<https://www.instagram.com/onetablesabbat/>) at 8pm ET/5pm PT as Kohenet Keshira haLev Fife (<https://www.keshirahalev.com/about>) creates a ritual space with the implicit kavannah, or intention, of helping us all slow down and ease into Shabbat, making space for prayers of healing and justice.**



(<https://bit.ly/2TH3LwU>)

5pm ET/2pm PT | Sobremesa de Shabbat: A Night of Alfajores + Conversation

Share your stories and experiences of intersectional Latin American and Jewish identities while bringing in Shabbat with Latin American flavor. Jessy Cohen and Martina Bialek are teaching us how to make Alfajores — delicious Argentinian dulce de leche cookies. While we give the dough some time to rise we'll chat about being Latinx and Jewish as a large group and then in more intimate groups based on interests. We'll finish the night with a sweet Kabbalat Shabbat and some buena musica.

Reserve your spot (<https://bit.ly/2TH3LwU>)



(<https://bit.ly/2zn9KQP>)

6:30pm ET/3:30pm PT | Lab/Shul SHABasics

OneTable joins the Lab/Shul Ritual Team + Feast Team to invite our community gather around a giant virtual table to light, sip, bless, connect, and sabbath together in the spirit of renewing our commitment to the ongoing fight for justice.

Reserve your spot (<https://bit.ly/2zn9KQP>)

FRIDAY | 5.29



(<https://bit.ly/360zem>)

8pm ET/5pm PT | Good Vibrations

Shabbat is all about pleasure and rejuvenation. During this time of social distancing, we want to bring that sexy sparkle back to Shabbat. Come as you are and let's take this holy time to explore all things sensual about Shabbat. All are welcome to join us for this special Shabbat experience in partnership with Awakening, Denver, Colorado's premier sex-positive boutique. Tory Johnson and Rose Kalasz, founders of Awakening, will teach us about all the ways you can bring more pleasure and sensuality to your life, and OneTable team members Natalie Bergner and Tali Burger will share what Jewish texts have to say about pleasure as it relates to this special weekly holiday. *First 20 RSVPs are eligible for a special gift sent straight to you from Awakening!*

Reserve your spot (<https://bit.ly/360zem>)



(<https://bit.ly/3dZbKgE>)

8pm ET/5pm PT | A Mizrahi Shavuot: Ritual with JIMENA

Join JIMENA and OneTable to celebrate Shavuot, a Jewish harvest festival, led by the Rabbi Tsipi Gabai — the first Moroccan female rabbi and currently one of only four female Mizrahi/Sephardic rabbis worldwide. We'll welcome in Shabbat together singing sacred ancient Sephardic song cycles known as Piyyutim with percussionist Katja Cooper, and learn about Moroccan Jewish traditions & culture of Shavuot. Come with questions or stories to share!

Reserve your spot (<https://bit.ly/3dZbKgE>)



(<https://bit.ly/3g0dcm>)

8:30pm ET/5:30pm PT | HaHaChallah: A Comedy Shabbat

Join OneTable along with Julia Weiss, Head Writer of Cards Against Humanity, Caleb Hearon, Shelby Wolstein, Gianmarco Soresi, and more for A Comedy Shabbat! Torah may be how we found our place in the promised land, and comedy may be how we found our place in America — so the theme for the night is 'tackling our wandering with words, jokes, and laughter.'

During the night we'll have live performances, sketches, and small group breakouts where you can share about times you've used humor to get through a tough spot or to cope with these scary COVID times.

Reserve your spot (<https://bit.ly/3g0dcm>)



(<https://bit.ly/2T0tsIH>)

8:30pm ET/5:30pm PT | Shabbat Sounds

Join us for an incredible evening of live music, right from the comfort of your home. We're excited to bring you three new artists from around the country for our fourth night in the Shabbat Sounds series. We'll begin with Shabbat rituals, then enjoy a 20-25 minute set from each artist. Engage with us off-screen or on-screen, however you feel most comfortable. If at the end of the work week, your hopes are to close your eyes, open your ears, and listen to something inspiring and beautiful, then we're happy to provide and hold that space for you. 🎵

This Friday's Artists + Co-Hosts:

Matt LiVigni
MOONZz
Kyle Bielfield

Reserve your spot (<https://bit.ly/2T0tsIH>)

FRIDAY | 5.22



(<https://www.instagram.com/onetablesabbat/>)

The Great Big Jewish Food Fest

(<https://greatbigjewishfoodfest.org/tags/Mainstage>) kicks off this week, which means there aren't any OneTable Live Events, but it's not too late to use what you learn at the fest to host a OneTable Shabbat for yourself, your roomies, or your friends on the internet. Post your dinner [here](https://onetable.org/shabbatshalone/) (<https://onetable.org/shabbatshalone/>), then use the tag **GreatBigJewishFoodFest** and use the GBJFF photo in the image slider to be part of a national movement of Great Big Shabbat Dinners — we'll provide the Nourishment to make it extra special.

We'll all be coming together for some Shabbat blessings this week on Insta Live. Whether you're having Shabbat on your own, or want to share these rituals with virtual guests, join us Friday at 8:30 ET/ 5:30 PT on [@onetablesabbat](https://www.instagram.com/onetablesabbat/) (<https://www.instagram.com/onetablesabbat/>).

THURSDAY | 5.14



(<https://bit.ly/3ftZNM>)

6pm ET/3pm PT | Patí Jinich Talks (and Cooks) Shabbat

Born and raised in Mexico City, Patí Jinich is the host of the two-time James Beard Award-winning and three-time Emmy nominated PBS television series "Patí's Mexican Table" now going on its ninth season. Join virtually for a conversation and cooking demo with Jake Cohen. Learn how to make Patí's Shabbat dinner go-tos, based on her cookbooks, *Patí's Mexican Table* and *Mexican Today*. During or after the event, we invite you to cook your own version of Patí's Shabbat menu so that we can Shabbat Alone, Together!
[See the ingredients & reserve your spot \(https://bit.ly/3ftZNM\)](https://bit.ly/3ftZNM)

FRIDAY | 5.15



(<https://bit.ly/2WgEYQG>)

7pm ET/4pm PT | Chopped: Shabbat Edition

You'll be given a few minutes to pick FIVE random ingredients from your fridge, freezer, or kitchen to make an epic dinner. Once the dinners are finished, we'll share the fab creations and anyone is welcome to stick around to chat and eat.
[Reserve your spot \(https://bit.ly/2WgEYQG\)](https://bit.ly/2WgEYQG)



(<https://bit.ly/3dG5Ukc>)

7:30pm ET/4:30pm PT | Observations in Nature: A Meditative Shabbat

Join Adventures Accessed & OneTable for an evening of nature-based meditation to welcome Shabbat. Whether it's enjoying the nature outside of your window, sitting on a porch or balcony, or finding a quiet spot outside safely away from others, we invite you to hold gratitude for your surroundings at this restorative Shabbat.
[Reserve your spot \(https://bit.ly/3dG5Ukc\)](https://bit.ly/3dG5Ukc)



(<https://bit.ly/2WrHqEs>)

8pm ET/5pm PT | Shabbat Beats: Beatbox + Ritual to Welcome Shabbat

Join OneTable this Friday for Beatbox x Shabbat ritual: the 2020 collab you didn't know you needed. Whether you're having your own intimate Shabbat dinner, joining a virtual event, or just kicking off your weekend with something for yourself, start your Friday night off right as beatbox vocalist and yoga instructor Jonathan Stone leads us into Shabbat.
[Reserve your spot \(https://bit.ly/2WrHqEs\)](https://bit.ly/2WrHqEs)



(<https://bit.ly/35yAWN>)

8:30pm ET/5:30 PT | Pub Trivia Night: a virtual trivia game night

Friday night Pub Trivia is BACK! BYOF (bring your own food & drinks) and get ready to play! We'll be divided into teams, so the night will run smoother if you're on time for this one. **Share the love! But, because trivia will be played in teams, we ask that you share the link and ask friends to sign up on the platform directly. If you're hoping to play on the same team as a friend or specific group, please mention their full names where it asks if you'd like to send a message to those host once you click RSVP.
[Reserve your spot- limited space available! \(https://bit.ly/35yAWN\)](https://bit.ly/35yAWN)

FRIDAY | 5.8



(<https://bit.ly/3alEKqL>)

1pm ET/10am PT | OneTable Live x JDC Entwine Welcome Shabbat

Global, but keep it virtual. Join OneTable and JDC Entwine to welcome Shabbat together! JDC Entwine's Joshua Mikutis and members of our communities will share some words about Shabbat, the Torah portion, and how it ties into our current world. We'll then share in music + stories. Whether this is your first event with us or your 37th, join us to begin the process of closing the week with intention.
[Reserve your spot \(https://bit.ly/3alEKqL\)](https://bit.ly/3alEKqL)



(<https://bit.ly/2xkZese>)

6:30pm ET/3:30pm PT | Welcoming Sacred Time with Sweetness and Song: Ritual Led by Kohenet Keshira haLev Fife

In a time of liminality and uncertainty, we can look to Jewish time to ground and hold us. Join Keshira haLev Fife, a Kohenet (Hebrew Priestess), community shepherdess, ritual creatrix, liturgist, songstress, public speaker, and writer who will help us cross into sacred time together and welcome Shabbat with reflection, ritual and joyful song.
[Reserve your spot \(https://bit.ly/2xkZese\)](https://bit.ly/2xkZese)

7:15pm ET/4:15pm PT

Join us after ritual for a juicy conversation with Keshira about the gems of Jewish culture, values, rhythms, and practices that can help support our wellness and wholeness in this time of Covid and beyond.
[Reserve your spot \(https://bit.ly/2VSmWoJ\)](https://bit.ly/2VSmWoJ)



(<https://bit.ly/3aRt1Gx>)

8:30pm ET/5:30pm PT | Shabbat Sounds

Join us for an incredible evening of live music, right from the comfort of your home. For our third night in the Shabbat Sounds series, we're excited to bring you three new artists from around the country. If at the end of the week, your hopes are to close your eyes, open your ears, and listen to something inspiring and beautiful, then we're happy to provide and hold that space for you. This Friday's Artists: Julia Sabra, Samuel Herb, & Maya Elise
[Reserve your spot \(https://bit.ly/3aRt1Gx\)](https://bit.ly/3aRt1Gx)



(<https://bit.ly/2W16rXY>)

9pm ET/6pm PT | Movement Shabbat with Merrick

This Movement Shabbat is FOR ALL - for any level of fitness & for any age no matter where you are in the world. We'll transform our collective (but individual) space into a magical world of adventure, exploration, intuition, & play. Influenced by somatics & improvisational movement, we'll drop into our bodies, getting our whole selves ready for Shabbat together. Then, we'll welcome Shabbat together with blessings.
[Reserve your spot \(https://bit.ly/2W16rXY\)](https://bit.ly/2W16rXY)



(<https://bit.ly/35yAWN>)

8:30pm ET/5:30pm PT | Pub Trivia Night Shabbat

Friday night Pub Trivia is BACK for round 3! BYOF (bring your own food & drinks) and get ready to play! **Share the love! But, because trivia will be played in teams, we ask that you share the link and ask friends to sign up on the platform directly. If you're hoping to play on the same team as a friend or specific group, mention their full names where it asks once you click RSVP.
[Reserve your spot \(https://bit.ly/35yAWN\)](https://bit.ly/35yAWN)

FRIDAY | 5.1

PART 1 @ 1pm ET/10am PT then PART 2 @ 5pm ET/2pm PT | Challah At Us: A 2-part challah bake with @challahhub (<https://www.instagram.com/challahhub/>)

You've seen them baking on BuzzFeed and sharing insane pictures on their Instagram, and now you can bake with Sarah and Elina of Challah Hub live with OneTable! If you've been curious about how to integrate some funky ingredients



(<https://bit.ly/2zsd0tT>)

to mix up your loaves, this is the time to ask how to make it happen! This event will happen in two parts because... challah! Unexpected bonus? Their challah recipe is vegan-friendly!

You'll need:

- WHISK
- 1 LARGE MIXING BOWL
- MEASURING CUPS AND SPOONS
- SPATULA OR WOODEN SPOON
- KITCHEN TOWEL
- WARM WATER • 1 cup
- RAPID RISE YEAST • 1 packet
- FLOUR • 3-4 cups
- SUGAR • ½ cup
- SALT • 1 ½ teaspoon
- VEGETABLE OR COCONUT OIL • 2 tablespoons
- EGG REPLACEMENT MIXTURE:
- BAKING POWDER • 2 teaspoons
- WARM WATER • 3 tablespoons
- VEGETABLE OR COCONUT OIL • 3 tablespoons

7:30pm ET/4:30pm PT | Mindful Meditation Shabbat

Join Sarah Langer, Certified Mindfulness & Wellbeing Coach, to practice mindfulness through meditation, gratitude and ritual. Participants will need: wine or grape juice, a salad with a minimum of 3 ingredients (i.e. greens, a veggie, dressing), a "dessert" (can be anything fun/special; fruit, ice cream, a cookie, WHATEVER!). Optional: candle, challah/bread.

[Click to RSVP \(https://bit.ly/3aAz16F\)](https://bit.ly/3aAz16F)



(<https://bit.ly/3aAz16F>)

7:30pm ET/4:30 PT | Let's Get Crafty: an upcycled Shabbat experience for @moreloveletters

Arts-and-crafts pro Maya Booth will show you how to make upcycled postcards out of cardboard food boxes you probably have around the house or in your recycle bin. This is a great opportunity to welcome Shabbat with the warm-and-fuzzies by making something meaningful, treating the earth kindly, and spreading love in a socially distanced world. You'll need a clean cardboard food box (cereal, sparkling water & beer cartons, etc), scissors, permanent marker or pen, and a straight edge.

[Reserve your spot \(https://bit.ly/2W1RvHL\)](https://bit.ly/2W1RvHL)



(<https://bit.ly/2W1RvHL>)

8pm ET/5pm PT | Together We Flow

Join Abby Maroko for this evening of embodied love and compassion through sweet dynamic movement, selective stillness, and traditional Friday night blessings. Like the candles we will continue to light, we will warm ourselves with asanas; like the wine we will continue to raise, we will flow with abundance; and like the challah we will continue to bake, break, and share, we will rise up in resiliency, together.

[Click to RSVP \(https://bit.ly/2S3v3gk\)](https://bit.ly/2S3v3gk)



(<https://bit.ly/2S3v3gk>)

FRIDAY | 4.24

5:30pm ET/2:30pm PT | Challah at Us: A Vegan Shabbat Dinner Experience

Are you vegan? Vegan-curious? Have friends that are vegan and never know what to bring to their house when they invite you over? Wondering how Judaism and veganism connect? Recently turned vegan and really missing challah and desperately seeking a recipe and someone to walk you through it? This is the Shabbat evening for you.

[Click to RSVP \(https://bit.ly/2RWEQ7N\)](https://bit.ly/2RWEQ7N)



(<https://bit.ly/2RWEQ7N>)

6:15pm ET/3:15pm PT | Welcoming Shabbat with the OneTable Team

Join some of our OneTable Team for a brief meditation to take a breath and end the week with intention, candles, and a toast. Then, feel free to join your own Shabbat dinner or any other virtual or unplugged plans for the night!

[Click to RSVP \(https://bit.ly/2KpMOCh\)](https://bit.ly/2KpMOCh)



(<https://bit.ly/2KpMOCh>)

7pm ET/4pm PT | Paradise: A Queer Virtual Gathering with The Shabbos Queen

Join OneTable for a celebratory Queer Shabbat with Stuart Meyers, AKA The Shabbos Queen! Be ready to laugh and dream as we bring in Shabbat in the best, queerest way we know how. We'll be lighting candles, blessing the wine (or another beverage of your choice), and getting deep into rest-mode. Bring your candles and yourself – we can't wait to see you there.

[Click to RSVP \(https://bit.ly/2Y2UAdt\)](https://bit.ly/2Y2UAdt)



(<https://bit.ly/2Y2UAdt>)

7pm ET/4pm PT | Deaf Shabbat PAH!

OneTable is teaming up with Jacob Salem, Director of Hillel at Gallaudet, and members of the local Deaf community to create a Deaf-run Zoom Shabbat! Gather in your kitchen (or living room or couch) and join us for dinner, including Shabbat ritual and space for open and small discussion. Open to the ASL community.

[Click to RSVP \(https://bit.ly/2RYveH\)](https://bit.ly/2RYveH)



(<https://bit.ly/2RYveH>)

THURSDAY | 4.23

6pm ET/3pm PT | Mike Solomonov Talks (and Cooks!) Shabbat

Five-time James Beard Award-winning chef Michael Solomonov joins us virtually for a conversation and cooking demo with the OneTable Team. Learn how to make Mike's go-to Shabbat dinner, and connect virtually with a community that connects around food. After the event, we invite you to cook your own version of Mike's Shabbat menu so that we can Shabbat Alone, Together.

[See the ingredients & reserve your spot \(https://dinner.onetable.org/events/59b99180-41d0-452f-8e3e-39506b3e0638\)](https://dinner.onetable.org/events/59b99180-41d0-452f-8e3e-39506b3e0638)



(<https://dinner.onetable.org/events/59b99180-41d0-452f-8e3e-39506b3e0638>)

FRIDAY | 4.17

6pm Queer Men, 6pm Queer Womxn & 7:30pm Straight | NYC Cyber Singles Soirée

We're partnering with Here/Now (<https://www.meethereandnow.com/about>) and putting a twist on your favorite Friday Ritual. Throughout the evening we will introduce you to everyone in the room, get into the spirit of Shabbat with an evening free of phones, work and quarantine small talk. After the gathering, they'll connect you digitally with anyone you hit it off with. *NOTE: This event is for NY-based guests. We'll be sharing more events in other cities in the coming weeks!*

[Learn more & RSVP \(https://dinner.onetable.org/events/3f5f8ac8-3eef-41cf-9878-a18bbfcb2ed\)](https://dinner.onetable.org/events/3f5f8ac8-3eef-41cf-9878-a18bbfcb2ed)



(<https://dinner.onetable.org/events/3f5f8ac8-3eef-41cf-9878-a18bbfcb2ed>)

6pm ET/3pm PT | MIMOUNA 2020



(<https://bit.ly/3emFFQU>)

Celebrate Mimouna with OneTable and [JIMENA](https://www.instagram.com/jmena_voice/) (https://www.instagram.com/jmena_voice/)! Mimouna is a festival celebrated by Moroccan Jews the day after Passover, marking the return to eating chametz (leavened foods) and celebrating friendship, community, and coexistence. Join Yaniv of [Frena Bakery](https://www.instagram.com/frena_bakery/) (https://www.instagram.com/frena_bakery/) to learn how to make your own mufletta, a traditional easy-to-make Moroccan treat served at Mimouna celebrations. Ingredients are super simple: water, flour, oil and honey, with the choice of some embellishments to keep things *fun*. Can't get ingredients in time and just want to learn from Yaniv? No problem! Then, we'll be joined by Rabbi Tsippi Gabai, the first Moroccan female rabbi who is currently one of only four female Mizrahi/Sephardic rabbis worldwide, along with percussionist Katja Cooper. We'll welcome in Shabbat together and learn about Moroccan Jewish traditions & culture – feel free to come with questions or stories to share!
[Learn more & RSVP \(https://bit.ly/3emFFQU\)](https://bit.ly/3emFFQU)



(<https://dinners.onetable.org/events/c666fc5e-f956-46c4-9e0e-2d503e50cfe7>)

7:30pm EDT/4:30pm PT | It's a *Sign*: A virtual astrology Shabbat with Jordan Shomer of Your Astrology Friend (<https://www.instagram.com/jordanshomer/>)
Jordan Shomer, a Jewish astrologer and cosmic coach, will guide us through dinner as we discuss the Jewish connection to Astrology (Shabbat! Rosh Chodesh!) and share in virtual space and time together. Ritual will include a prayer led by Jordan to welcome in the evening, and together we'll light the candles and bless the wine and challah. This will be a space for folks who are just getting into astrology (what's my sun sign again?) and for those who know each of their placements on their chart.
[Click to RSVP \(https://dinners.onetable.org/events/c666fc5e-f956-46c4-9e0e-2d503e50cfe7\)](https://dinners.onetable.org/events/c666fc5e-f956-46c4-9e0e-2d503e50cfe7)



(<https://dinners.onetable.org/events/8b612e7b-7a66-4ba2-bb65-e59cb7f050ee>)

8:30pm ET/5:30pm PT | Shabbat Sounds: An Intimate Night of Live Music to Welcome the Weekend
Join us for BYOdinner and a concert with amazing performers from across the country. RSVP to see who we've got lined up!
[Click to RSVP \(https://dinners.onetable.org/events/8b612e7b-7a66-4ba2-bb65-e59cb7f050ee\)](https://dinners.onetable.org/events/8b612e7b-7a66-4ba2-bb65-e59cb7f050ee)

MONDAY | 4.13



(<https://dinners.onetable.org/events/6c7ed2f3-1726-4944-8909-dde08b62c979>)

Monday @ 8:30pm EDT | Passover Baking with @diasporadinner (<https://www.instagram.com/diasporadinner/>)
Join Diaspora Dinners and OneTable to make Passover-friendly eats that are delicious regardless of the season. We'll be making sweet matzo brei with tahini and dates, and coconut macaroons with chocolate, pistachio, and orange blossom. Can't get ingredients in time and just want to learn with us? No problem — join us for that! [See the ingredients & reserve your spot. \(https://bit.ly/3c5bA6B\)](https://bit.ly/3c5bA6B)

FRIDAY | 4.10



(<https://dinners.onetable.org/events/fac56ef5-d25c-48bb-89dd-6b4ff9ea5f0d>)

Friday @ 7pm EDT | Movie Night + Chill: The Prince of Egypt
A wise person once said, "there can be miracles when you believe" and we believe that our ability to gather virtually and celebrate with community during this time is pretty much just that. To keep with the Passover tradition of retelling the story of our people, we'll be watching Dreamworks' The Prince of Egypt – just grab your Matzah or movie snacks, your PJs, and your singing voice. [Reserve your spot \(https://dinners.onetable.org/events/fac56ef5-d25c-48bb-89dd-6b4ff9ea5f0d\)](https://dinners.onetable.org/events/fac56ef5-d25c-48bb-89dd-6b4ff9ea5f0d)



(<https://dinners.onetable.org/events/102fc7cf-ddf0-4f38-849b-7eb8395065d8>)

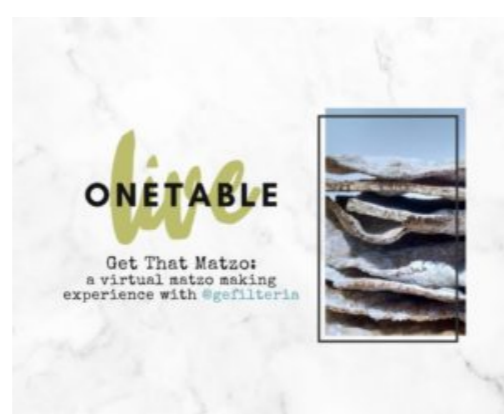
Friday @ 8pm EDT | Welcoming Shabbat in Song with Shira Kline
Shira, aka ShirLaLa, is an award-winning New York based performer and music educator will guide us through 15-20 minutes of ritual and song — then feel free to join your own Shabbat dinner or any other virtual or unplugged plans for the night! [Reserve your spot. \(https://dinners.onetable.org/events/102fc7cf-ddf0-4f38-849b-7eb8395065d8\)](https://dinners.onetable.org/events/102fc7cf-ddf0-4f38-849b-7eb8395065d8)



(<https://dinners.onetable.org/events/6c7ed2f3-1726-4944-8909-dde08b62c979>)

Friday @ 8:30pm EDT | Let's Be Queer Together
Liz Alpern and Shira Kline will host an hour of queer community conversation and celebration over the virtual Shabbat table. We'll talk queer soup, and queer connection and we'll share smiles, struggles and much-needed time with chosen family. [Reserve your spot. \(https://dinners.onetable.org/events/6c7ed2f3-1726-4944-8909-dde08b62c979\)](https://dinners.onetable.org/events/6c7ed2f3-1726-4944-8909-dde08b62c979)

MONDAY | 4.6



(<https://bit.ly/39AJBtS>)

Monday @ 7pm EDT | Get That Matzo: a virtual matzo making class with @gefilteria (<https://www.instagram.com/gefilteria/>)
No matzo? No problem. Join the Gefilteria team to learn how to DIY matzo! All you need is water, flour, and some salt. Get your counter clean and your oven hot for this matzo making workshop. [Reserve your spot. \(https://bit.ly/39AJBtS\)](https://bit.ly/39AJBtS)

FRIDAY | 4.3



(<https://bit.ly/3av3u6M>)

Friday @ 3pm EDT | How is this night different? a new kind of Seder plate with @mister_krisp (https://www.instagram.com/mister_krisp/)
Join OneTable and [@mister_krisp](https://www.instagram.com/mister_krisp/) (https://www.instagram.com/mister_krisp/)'s Jessica Siskin for some time to decompress before Shabbat and make your own sweet seder plate! Join us to make a rice crispy seder plate – if you have the ingredients to follow along, then great. Otherwise, tune in to watch and learn for next week! [Reserve your spot. \(https://bit.ly/3av3u6M\)](https://bit.ly/3av3u6M)

To make it, you'll want to have:
4.5 tbsp. Butter – 7 cups mini marshmallows – 8 cups Rice Krispies – cooking spray – colored decorating icing (Jess recommends blue, red, and green, but anything will work) – white decorating icing – green airhead or fruit roll up – red or pink gummy candy – green sour straws or licorice – red m&m's, skittles, or other red candy – brown food coloring – additional 1 cup Rice Krispies (or sub cocoa Krispies and you don't need brown food coloring)

Friday @ 7pm EDT | Chicken Soup for the Poet's Soul: a virtual poetry and Shabbat ritual experience
Love poetry or simply want to see how it can tie seamlessly into your Shabbat practice? Join Chicago Field Manager Julia Logan as we welcome Shabbat through



(<https://bit.ly/2ULKf1l>)

poetry + ritual in community this Friday night. All are welcome, whether those are your Shabbat plans or whether you'll be hopping into a zoom dinner afterwards. [Reserve your spot. \(https://bit.ly/2ULKf1l\)](https://bit.ly/2ULKf1l)



(<https://bit.ly/2QY0fNs>)

Friday @ 8:30pm EDT | Pub Trivia Night: a virtual trivia game night
BYOB (or beverage of your choice & dinner) and get ready to play! Share the love! But, because trivia will be played in random teams, we ask that you share the link and ask friends to sign up on the platform directly, and be on time! If you're hoping to play on the same team as a friend or specific group, please mention their full names where it asks if you'd like to send a message to those host once you click RSVP. Study up + see you there! [Reserve your spot: limited space available! \(https://bit.ly/2QY0fNs\)](https://bit.ly/2QY0fNs)



(<https://bit.ly/33Y2TYX>)

Friday @ 8:30pm EDT | A Women's Shabbat: Divine Cosmic Feminine Energy
This Shabbat experience is for you if you are seeking some time to focus inward, connect with your feminine side in order to nurture it, give yourself a break, and find light in this seemingly dark time. How is empathy playing a role in self-care while quarantining? How can we use feminine energy support each other? What are healthy boundaries you can set to manage wellness? [Reserve your spot: limited space available! \(https://bit.ly/2ULKf1l\)](https://bit.ly/2ULKf1l)

THURSDAY | 4.2



(<https://bit.ly/2wEDQOp>)

Thursday @ 12pm EDT | Here All Along: a Q+A with author & former Obama speechwriter Sarah Hurwitz
Join us on Thursday for lunch, brunch, breakfast, or snack time as we learn from Sarah Hurwitz, author of *Here All Along: Finding Meaning, Spirituality, and a Deeper Connection to Life - in Judaism (After Finally Choosing to Look There)*. She'll be speaking to our community about her experience with the Obamas, her beautifully written book, and how to plug into Judaism in the time of COVID-19 and beyond. [Reserve your spot. \(https://bit.ly/2wEDQOp\)](https://bit.ly/2wEDQOp)

FRIDAY | 3.27



(<https://bit.ly/2wyWU0i>)

5:30-7pm EDT | Pasta-making with @pastasocialclub
[\(https://www.instagram.com/pastasocialclub/\)](https://www.instagram.com/pastasocialclub/)
The incredible @pastasocialclub (<https://www.instagram.com/pastasocialclub/>) will be hosting a Zoom pasta-making workshop! You can either make pasta with us, or use pasta you already have in your home and join to make the simple pomodoro sauce after the event with the recipe. This event has limited space, [sign up here to reserve your spot. \(https://bit.ly/2wyWU0i\)](https://bit.ly/2wyWU0i)
For the sauce, you'll need:

- 4 garlic cloves, minced
- 1 pint cherry tomatoes, halved (optional)
- 1½ cups tomato puree/passata (if not using fresh tomatoes, increase to 2 cups)
- 6 tablespoons butter
- Salt and pepper
- Optional garnishes: panko breadcrumbs, thyme leaves, Pecorino romano

For the pasta, you'll need:

- 1 lb '00' flour or all-purpose flour
- 1 tablespoon extra-virgin olive oil, plus more for shaping
- Semolina flour, for dusting
- Large mixing bowl
- Dinner fork
- Bench scraper or sharp knife
- Wooden cutting board or surface (optional but preferred)
- Rolling pin (or wine bottle)
- Pastry brush (optional)
- Baking sheet
- Plastic wrap



(<https://dinners.onetable.org/events/977942f1-23b8-44fd-814f-e3fc18784335?fbclid=IwAR3wykH015rdpBAQpkzbAHrUwcl2bwHGWLml-eHw0rh4i8fzb9Ao-RpQZk>)

7:15pm-8:15pm EDT | Together We Flow: A Virtual Yoga Shabbat Experience
Sweet dynamic movement, selective stillness, and traditional Friday night blessings. Like the candles we will continue to light, we will warm ourselves with asanas; like the wine we will continue to raise, we will flow with abundance; and like the challah we will continue to bake, break, and share, we will rise up in resiliency, together. This event has limited space, [sign up here to reserve your spot \(https://dinners.onetable.org/events/977942f1-23b8-44fd-814f-e3fc18784335?fbclid=IwAR3wykH015rdpBAQpkzbAHrUwcl2bwHGWLml-eHw0rh4i8fzb9Ao-RpQZk\)](https://dinners.onetable.org/events/977942f1-23b8-44fd-814f-e3fc18784335?fbclid=IwAR3wykH015rdpBAQpkzbAHrUwcl2bwHGWLml-eHw0rh4i8fzb9Ao-RpQZk).

You'll need:

- yoga mat
- candles (optional)



(<https://bit.ly/2UsNzz2>)

8:30pm EDT | Shabbat Sounds: An Intimate Night of Live Music to Welcome the Weekend
Join us for BYOdinner and a concert with amazing performers from across the country. RSVP to see who we've got lined up! [Click to RSVP. \(https://bit.ly/2UsNzz2\)](https://bit.ly/2UsNzz2)

FRIDAY | 3.20

We have @zoepsy (<https://www.instagram.com/zoepsy/>) making challah with us! She will be live on the @onetableshabbat (<https://www.instagram.com/onetableshabbat/>) Instagram at the following times if you want to bake along:

2 - 2:30 EDT: making the dough (rest 1.5 hours or FREEZE)

4:30-4:45 EDT: challah braiding tutorial (then rest 1 hour+)

6pm EDT: put in the oven to bake for 30 minutes

6:30pm EDT: Take the challah out and Zoe guides ritual to welcome Shabbat.

You will need:

- 3 3/4 teaspoons active dry yeast (about 1 1/2 packages)
- 1 tablespoon granulated sugar
- 1/2 cup olive or vegetable oil, plus more for greasing the bowl
- 5 large eggs
- 1/2 cup sugar
- 1 tablespoon salt
- 8 to 8 1/2 cups all-purpose flour

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OneTable (<https://onetable.org/author/onetable/>)

OneTable empowers people who don't yet have a consistent Shabbat dinner practice to build one that feels authentic, sustainable, and valuable. The OneTable community is funded to support people (21-39ish), not in undergraduate studies, and without an existing weekly Shabbat practice, looking to find and share this powerful experience.

< [Southern Hospitality is a Jewish Value](https://onetable.org/2020/01/29/southernhospitalityisajewishvalue/) (https://onetable.org/2020/01/29/southernhospitalityisajewishvalue/)

[Shabbat Alone, Together | The OneTable Guide](https://onetable.org/2020/03/18/shabbatshalone/) > (https://onetable.org/2020/03/18/shabbatshalone/)



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