



Keeping It Cozy: Nourishment Inspo for a Socially Distanced Winter Shabbat

With colder weather comes new opportunities for creativity around the Shabbat dinner table — or Shabbat blanket, Shabbat fire pit, or Shabbat space heater. We've compiled a few of our favorite things you can purchase with Nourishment to make hosting outside safe, fun, and festive:

Warmth

On a cold winter night, the coziest place to be is sitting around the fire. If you have the space, it's definitely worth considering a [big outdoor fire pit](https://www.target.com/p/john-timberland-black-iron-outdoor-fire-pit-round-24-steel-wood-burning-with-spark-screen-and-fire-poker-for-outside-backyard-patio-camping/-/A-80003255#lnk=sametab) (https://www.target.com/p/john-timberland-black-iron-outdoor-fire-pit-round-24-steel-wood-burning-with-spark-screen-and-fire-poker-for-outside-backyard-patio-camping/-/A-80003255#lnk=sametab). (or a [miniature one](https://www.etsy.com/listing/833825669/fire-bowl-fire-pit-with-fueled-torch?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=fire+bowl+fire+pits&ref=sr_gallery-1-2&plkey=53f49120eddef548ced2e4cd2b5ca4211ecb105c%3A833825669&frs=1&cns=1) (https://www.etsy.com/listing/833825669/fire-bowl-fire-pit-with-fueled-torch?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=fire+bowl+fire+pits&ref=sr_gallery-1-2&plkey=53f49120eddef548ced2e4cd2b5ca4211ecb105c%3A833825669&frs=1&cns=1)).



Looking for something more portable to huddle around? Check out these space heaters, from the [affordable](https://www.target.com/p/black-decker-personal-ceramic-indoor-heater-black/-/A-76431727#lnk=sametab) (https://www.target.com/p/black-decker-personal-ceramic-indoor-heater-black/-/A-76431727#lnk=sametab) to the [splurge-worthy](https://www.target.com/p/bio-green-pal-2-0-usdt-indoor-outdoor-portable-palma-greenhouse-electric-space-heater-fan-with-digital-thermostat-for-up-to-120-square-feet-1500-watt/-/A-81088772#lnk=sametab) (https://www.target.com/p/bio-green-pal-2-0-usdt-indoor-outdoor-portable-palma-greenhouse-electric-space-heater-fan-with-digital-thermostat-for-up-to-120-square-feet-1500-watt/-/A-81088772#lnk=sametab). (Nourishment is typically \$10/RSVP, up to \$100 per week. If you've got your eye on something beyond this budget, reach out to your Field Manager (https://onetable.org/meet-the-team/), about "saving up" for a big-ticket item.) For a more personalized touch, consider investing in [rechargeable](https://www.cvs.com/shop/go-warmer-cordless-rechargeable-hand-heater-prodid-938241) (https://www.cvs.com/shop/go-warmer-cordless-rechargeable-hand-heater-prodid-938241) or [microwavable](https://www.etsy.com/listing/863991926/hand-warmers-microwavable-reusable?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=reusable+hand+warmers&ref=sr_gallery-1-3&organic_search_click=1&bes=1) (https://www.etsy.com/listing/863991926/hand-warmers-microwavable-reusable?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=reusable+hand+warmers&ref=sr_gallery-1-3&organic_search_click=1&bes=1), hand warmers, [scented](https://www.cvs.com/shop/bed-buddy-foot-warmers-prodid-1560219) (https://www.cvs.com/shop/bed-buddy-foot-warmers-prodid-1560219) or [neck warmers](https://www.cvs.com/shop/sharper-image-neck-and-shoulder-wrap-prodid-2510029) (https://www.cvs.com/shop/sharper-image-neck-and-shoulder-wrap-prodid-2510029) to keep you & your crew toasty even if snows.



(<https://www.potterybarn.com>).

Food & Beverage

Social distancing was *made* for BYOB (and of course BYOSD — Bring Your Own Shabbat Dinner). Send out recipes to your guests so you can all cook up the same meal, or [encourage guests to bring their own favorites](#)

(https://issuu.com/onetablesabbat/docs/the_memory_dinner_1).

Recommend that guests bring the beverages of their choice: beer or hard seltzer work great, as do these [mini wine bottles](#) (<https://www.target.com/p/sutter-home-pink-moscato-4pk-187ml/-/A-14778335>).

Of course, nothing says “cozy” like [gourmet s’mores](#)

(https://www.etsy.com/listing/271396848/gourmet-smores-kit?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=Hot+cider%2Fcocktail+kit+1-11&organic_search_click=1&bes=1) or a [mulled wine kit](#)

(https://www.etsy.com/listing/744246020/mulled-wine-kit-festive-hot-wine-holiday?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=Hot+cider&ref=sr_gallery-1-4&organic_search_click=1&frs=1&cns=1).

And if you’re feeling creative, try making your own DIY pre-packaged “charcuterie packs” with items like [cranberry trail mix](#)

(<https://www.cvs.com/shop/gold-emblem-7-pack-cranberry-nut-trail-mix-prodid-2350246>), [fancy crackers](#)

(<https://www.cvs.com/shop/mary-s-gone-crackers-super-seed-crackers-5-5-oz-prodid-2460049>), and [cheese](#)

(<https://www.cvs.com/shop/whisps-cheese-crisps-parmesan-2-12-oz-prodid-436189>).

Decoration & Environment

Our go-to for mood-setting indoors or out is a good set of [string lights](#) (<https://www.target.com/p/clear-globe-string-lights-black-room-essentials-8482/-/A-53197429#lnk=sametab>).

Going outside? Get an [outdoor extension](#)

(<https://www.target.com/p/woods-8-39-outdoor-extension-cord-black/-/A-12874804>), cord. Too far from a plug? Try a few [solar lights](#)

(<https://www.biglots.com/product/warm-white-globe-led-solar-light-set-15-lights/p810324002?N=1775050865&pos=1:23>),

or a [battery-powered camping lantern](#)

(<https://www.target.com/p/eveready-led-compact-lantern-portable-camp-lights/-/A-53297763#lnk=sametab>).

You’re going to need somewhere to sit — if the ground is too cold for [picnic blankets](#) (https://www.etsy.com/listing/875925596/xmas-gift-buffalo-check-picnic-blanket?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=picnic+blanket&ref=sr_gallery-1-6&organic_search_click=1&frs=1&col=1),

consider investing in a [folding table + chair set](#) (<https://www.target.com/p/5pc-folding-table-set-black-plastic-dev-group/-/A-53241374#lnk=sametab>) (or buy the items “a la carte”).

Get a little extra protection from the elements by setting up an [outdoor tent](#)

(<https://www.target.com/p/slumbertrek-3049332vmi-mersa-universal-outdoor-compact-pop-up-auto-ezee-beach-sun-shelter-tent-blue/-/A-80370285#lnk=sametab>) or [DIY’ing one yourself](#)

(<https://www.target.com/p/monoprice-10-x-10-ft-pop-up-canopy-navy-blue-500d-polyester-canopy-cover-upf50-waterproof-for-backyard-bbqs-camping-tailgate-sporting-events/-/A-79899529#lnk=sametab>).

(Be sure to leave at least two sides open for full ventilation and COVID safety!)



(<https://www.williams-sonoma.com>).

Crafts & Activities

There are so many fun crafts you can do during an outdoor dinner or in prep for one that will make the night feel special. Consider purchasing [travel cups](#) (<https://www.cvs.com/shop/mira-brands-stainless-steel-vacuum-insulated-tumbler-with-flip-lid-thermos-mug-for-hot-or-cold-drinks-reusable-travel-cup-20-oz-600-ml-prodid-372998>) for each of your guests and then decorating them



(<https://moderntribe.com/>).

as portable kiddush cups for the evening. Or, bring a little summer to your winter with these adorable [DIY botanical candle holders](https://blog.swagbucks.com/2019/07/diy-of-the-week-bottled-botanicals-candle-holders.html) (<https://blog.swagbucks.com/2019/07/diy-of-the-week-bottled-botanicals-candle-holders.html>). For activities that let you keep your hands snuggled and warm, consider a [OneTable discussion guide](https://onetable.org/guides/) (<https://onetable.org/guides/>), to elevate your dinner conversation or [these 36 questions](https://www.nytimes.com/2015/01/09/style/no-37-big-wedding-or-small.html) (<https://www.nytimes.com/2015/01/09/style/no-37-big-wedding-or-small.html>), guaranteed to lead to interesting conversation.

Safety

What's more hospitable than providing your guests with the tools they need to stay safe and healthy in these times? You can get a pack of [disposable masks](https://www.target.com/p/disposable-face-mask-10ct-up-38-up-8482/-/A-80160043#lnk=sametab) (<https://www.target.com/p/disposable-face-mask-10ct-up-38-up-8482/-/A-80160043#lnk=sametab>), in case your guests forget theirs, or make it fun — we love these [classy satin masks](https://www.etsy.com/listing/872660995/100-satin-face-masks-mask-with-filter?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga) (https://www.etsy.com/listing/872660995/100-satin-face-masks-mask-with-filter?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga 1-4&plkey=9c4078c6f67f048a6be87d519462ce165626ccfb%3A872660995&pro=1&frs=1&col=1) (#barmitzvahvibes), and these "[menches wear masks](https://moderntribe.com/collections/masks/products/mensches-wear-masks-face-mask-100-cotton)" (<https://moderntribe.com/collections/masks/products/mensches-wear-masks-face-mask-100-cotton>)." are everything. For that ~covid chic~ vibe, [buy hand sanitizer in bulk](https://www.cvs.com/shop/cvs-health-advanced-hand-sanitizer-32-oz-prodid-348380) (<https://www.cvs.com/shop/cvs-health-advanced-hand-sanitizer-32-oz-prodid-348380>), and grab a [few mini bottles](https://www.cvs.com/shop/just-because-daily-essentials-travel-bottles-3ct-prodid-2160058) (<https://www.cvs.com/shop/just-because-daily-essentials-travel-bottles-3ct-prodid-2160058>) to fill for your guests (they can keep refilling, too). Feelin' adventurous? Add some [essential oils](https://www.cvs.com/search?searchTerm=essential%20oil) (<https://www.cvs.com/search?searchTerm=essential%20oil>), to spice it up a bit and create a calming vibe.




(<https://www.landsend.com/>).

Got more? We'd love to hear your creative ideas for how to use Nourishment — reach out to your field manager with any suggestions or inspiration of your own!

This resource was compiled and written by Elie Leaderman-Bray and Annie Prusky, OneTable's Boston and DMV Field Managers, respectively.

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OneTable (<https://onetable.org/author/onetable/>)

OneTable empowers people who don't yet have a consistent Shabbat dinner practice to build one that feels authentic, sustainable, and valuable. The OneTable community is funded to support people (21-39ish), not in undergraduate studies, and without an existing weekly Shabbat practice, looking to find and share this powerful experience.



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Who We Are

◊ [Meet the Team](#)

([https://onetable.org/category/meet-](https://onetable.org/category/meet-the-team/)

the-team/). OneTable's mission is to make Shabbat dinner accessible to tens of thousands

of people who otherwise would be

absent from Jewish community.

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with easily accessible tools and

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